Student health and wellbeing

The Australian Child Wellbeing Project surveyed 5400 students in Years 4, 6 and 8. One of the six domains covered was health.

Hunger

15% said they went to school or bed hungry 'sometimes'

3% said they 'always' or 'often' went to school or bed hungry ...

... for both young carers and materially disadvantaged students in Years 4 and 6 this figure was 9%.

Sleep

difficulty sleeping was reported as the most frequent health complaint, occurring almost every day for ...

16% of Year 4 students

14% of Year 6 students

12% of Year 8 students