

# Educator mental health and wellbeing

UK charity Education Support Partnership commissioned a large-scale survey into the mental health and wellbeing of education professionals\*. Here are some of the results from the survey.

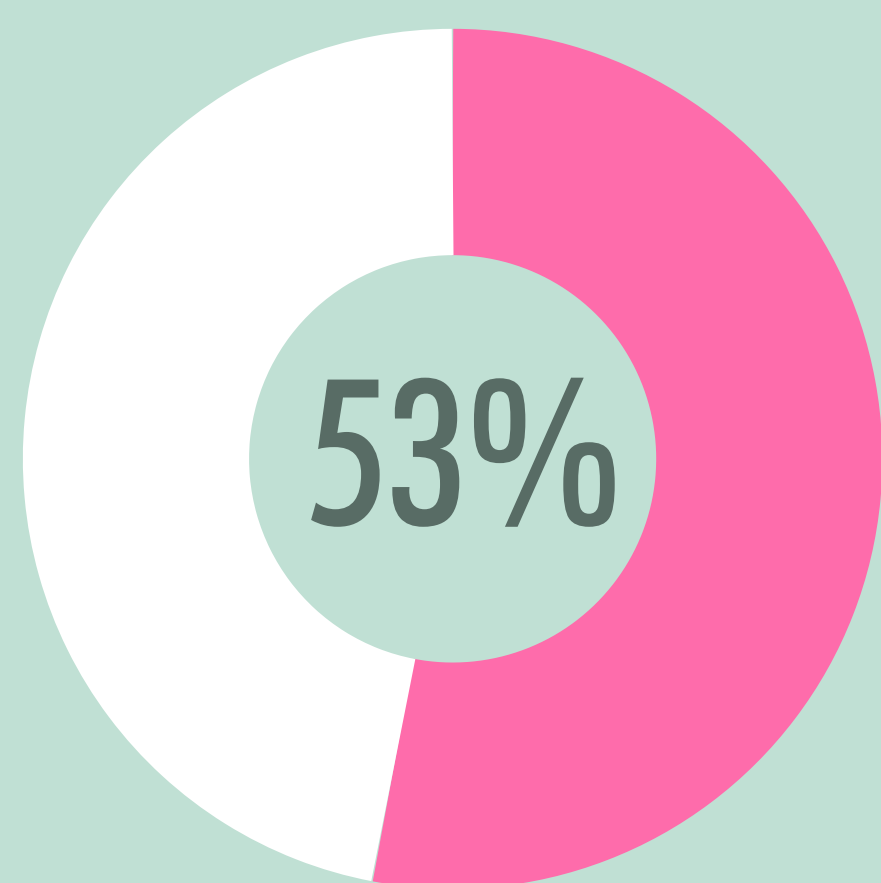


**75%** said they had experienced behavioural, psychological or physical symptoms due to work

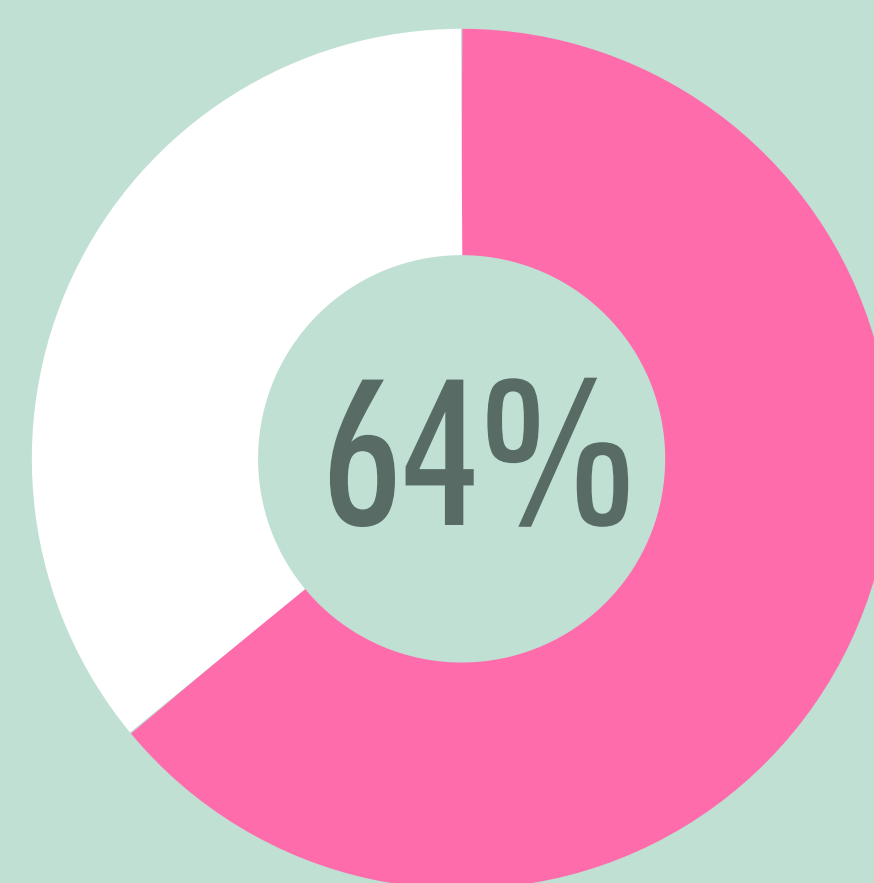
More than half (**56%**) had suffered from insomnia and difficulties sleeping in the last two years



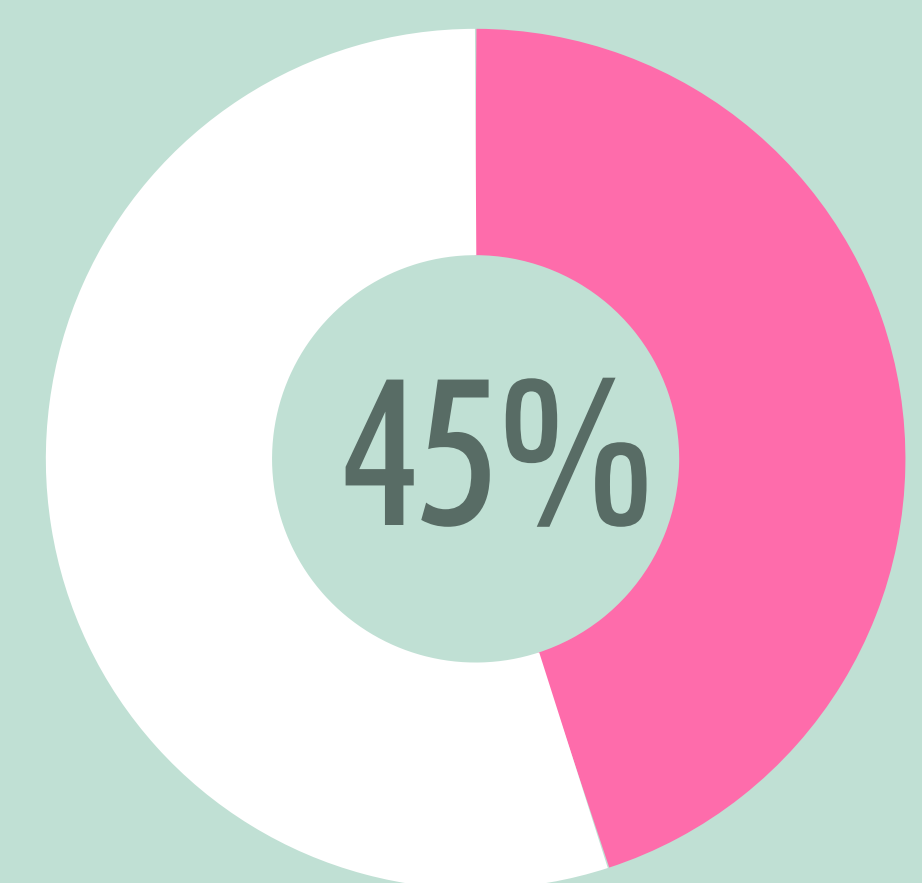
**29%** said work had made them feel stressed 'most' or 'all' of the time in the past few weeks



Have considered leaving the education sector over the past two years as a result of health pressures



Would not feel confident disclosing unmanageable stress or mental health problems to their employer



Feel their organisation does not support people who experience mental health problems well

\*YouGov online survey of 1250 education professionals working in schools, further education and higher education, June 2017.