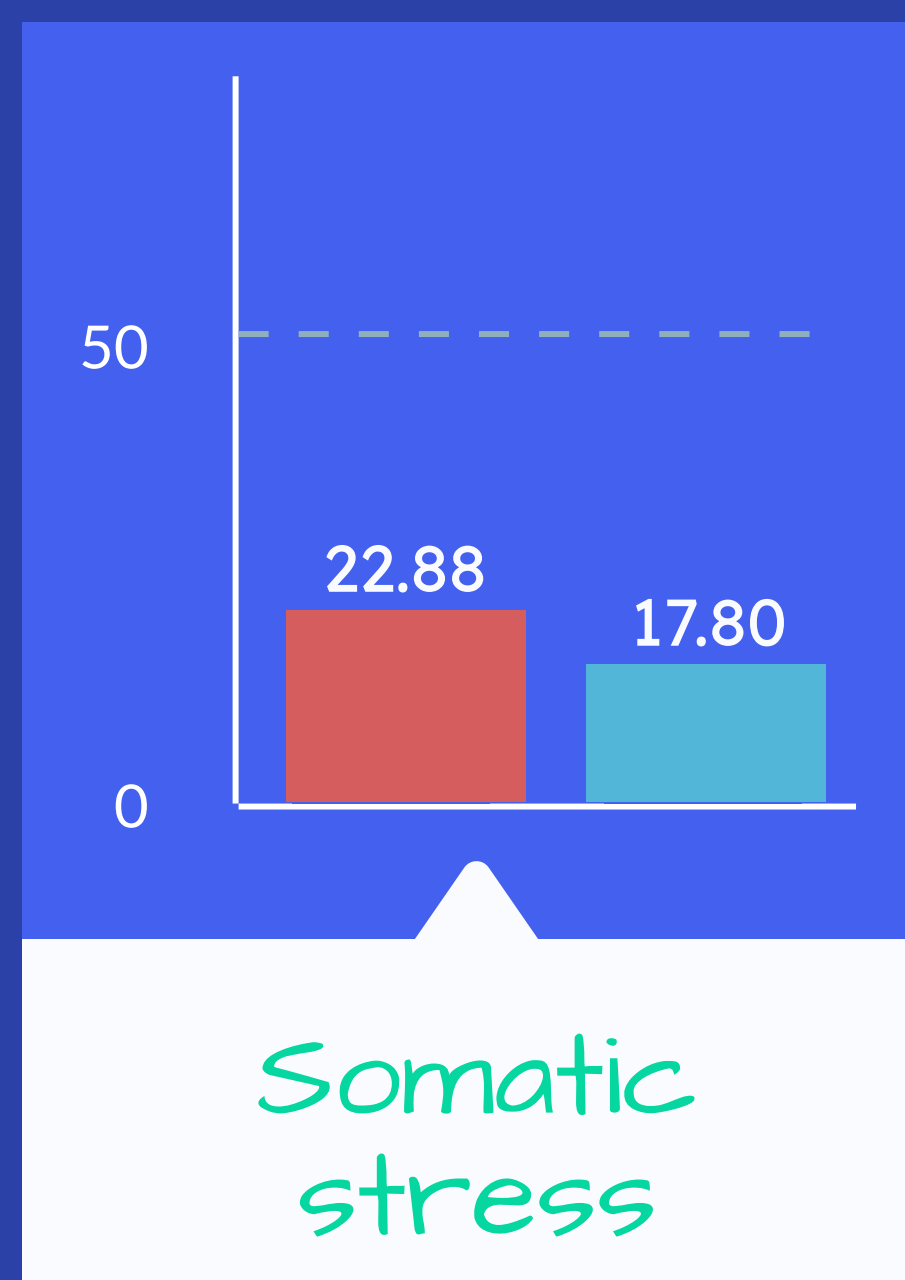
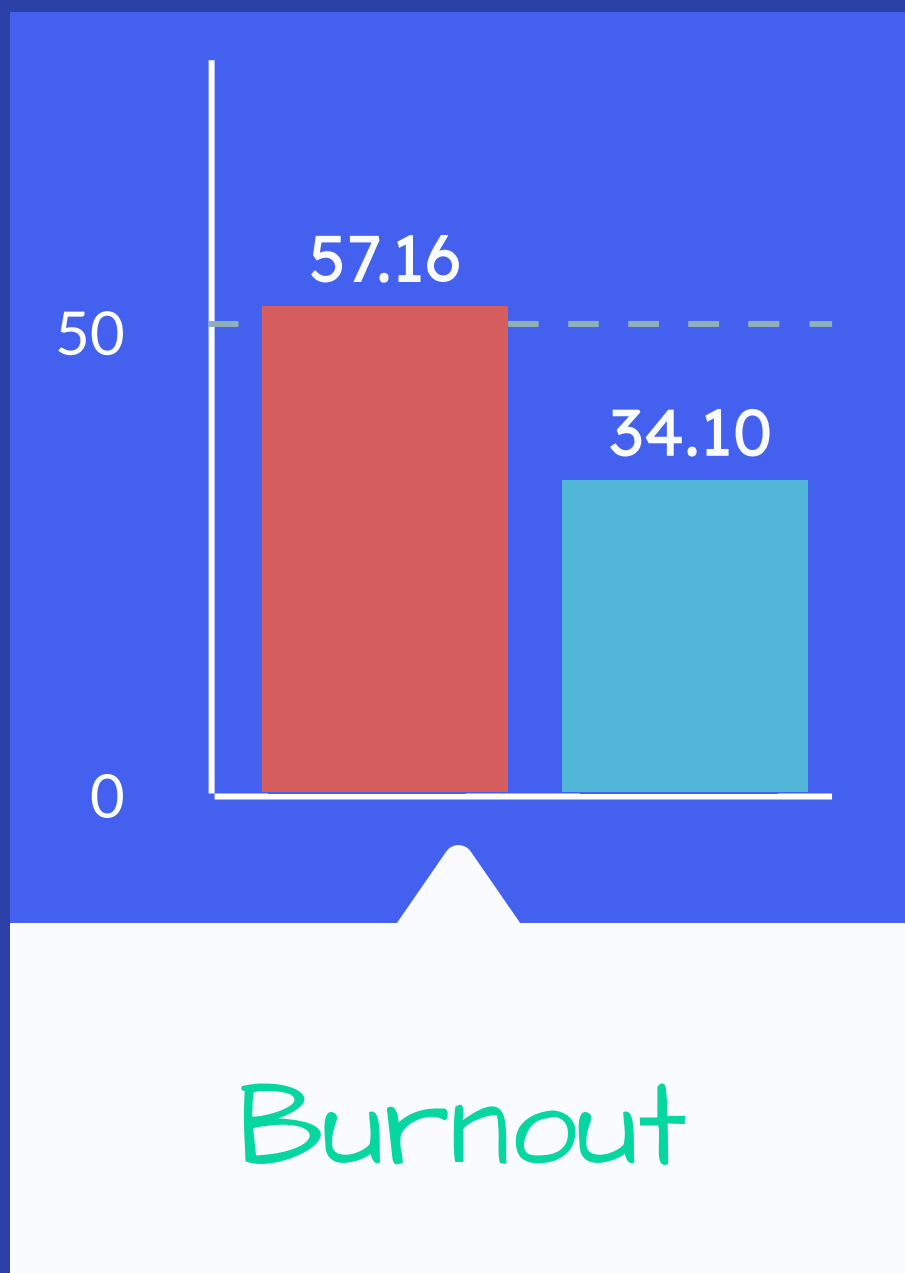
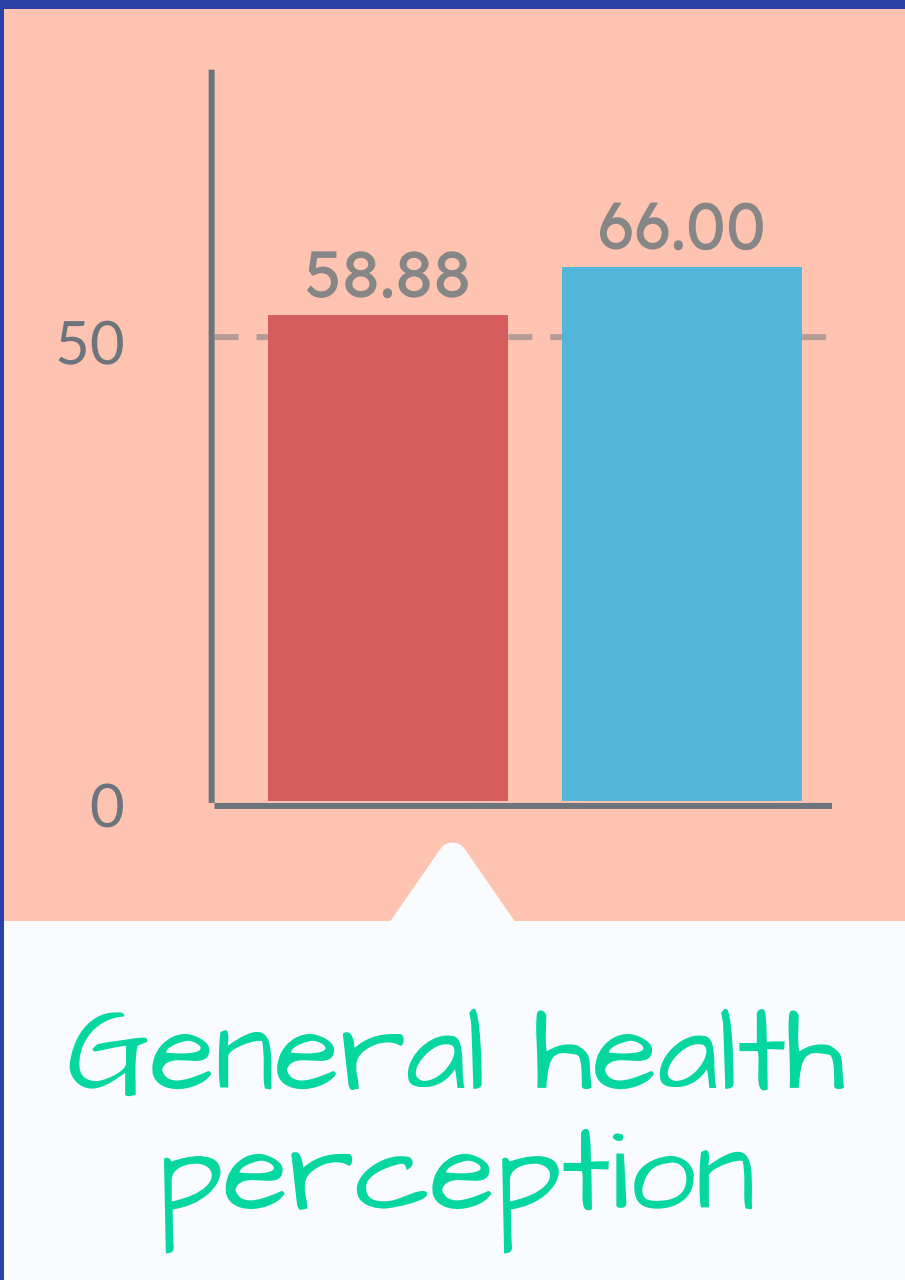


Principal health and wellbeing



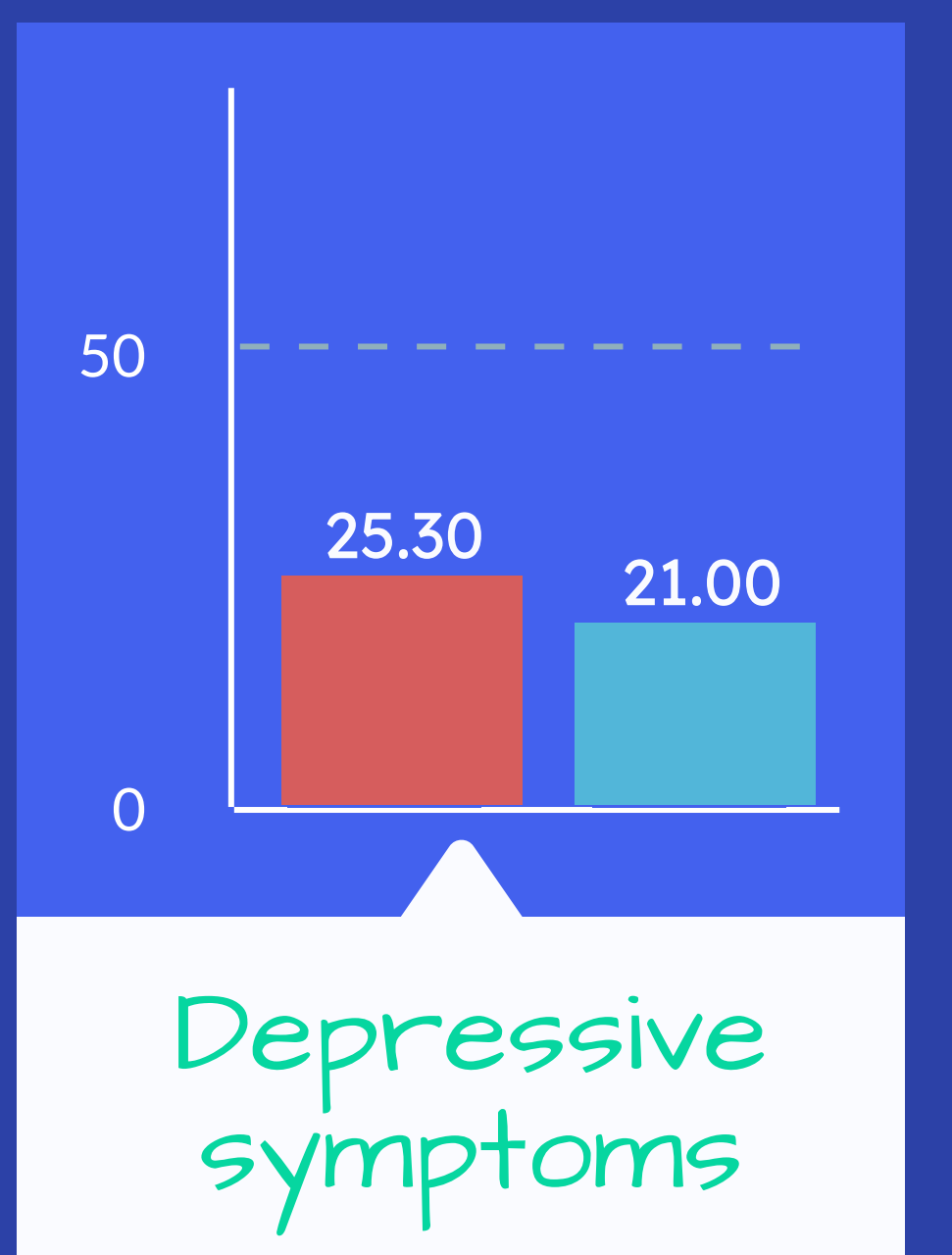
The annual Australian Principal Occupational Health, Safety and Wellbeing Survey 2021 data show school leaders continue to experience negative health and wellbeing.

One section of the survey involved completing the Copenhagen Psychosocial Questionnaire (COPSOQ-II), considered to be the gold standard in occupational health and safety self-report measures. Here, we explore the results for various subscales within the health and wellbeing domain that form part of the questionnaire.

All subscales are negative subscales, except for general health perception which is a positive subscale. A lower score is considered better for negative subscales, and a higher score is considered better for positive subscales. All scores are out of 100.

KEY:

- School leaders
- General population
- Positive subscale
- Negative subscale



Source: See, S-M., Kidson, P., Marsh, H., & Dicke, T. (2022) The Australian Principal Occupational Health, Safety and Wellbeing Survey (IPPE Report). Institute for Positive Psychology and Education, Australian Catholic University. Accessed March 2022 via: <https://www.healthandwellbeing.org/principal-reports>