



School leader sources of stress over time

The 12th annual **Australian Principal Occupational Health, Safety and Wellbeing Survey** shows school leaders are under increasing pressure and stress. Part of the survey includes rating a list of 19 sources of stress on a scale of 1-10. Here we share some key insights from the latest (2022) report, and how the top 5 sources of stress for school leaders have evolved over time.

Key insights



Teacher shortages was the **3rd highest** stressor in 2022 (**up 9 places** since 2021 - the largest rank change in the history of the survey).



Of the 19 reported sources of stress, **7** have mean scores of **above 7.00**. This is the highest number of stressors sitting at above 7.00 in the survey's history.

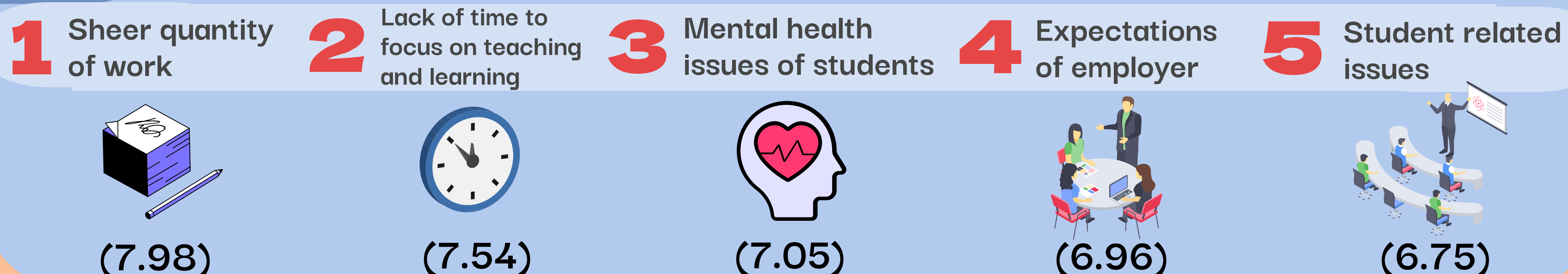
Top 5 sources of stress in 2022

and how they compare to the top 5 stressors recorded each year since 2019 (and mean scores)

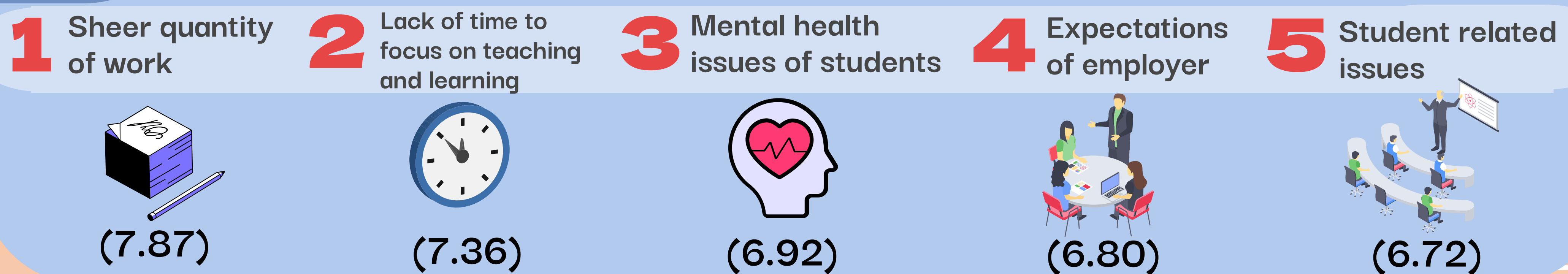
2022



2021



2020



2019

